

12 March 2019

Dear Parents

Years 5 and 6 - Sport Options for Term 2

During Term 2, we are able to offer the following activities as part of our Sport program for Years 5 and 6.

Swimming

Throughout the year, children in Primary have the opportunity to be involved in the swim program at Warringah Aquatic Centre (WAC). During Term 2, students in Years 5 and 6 have their chance to participate. The WAC has designed an excellent program for students run by qualified Austswim coaches. This program caters for both developing and weaker swimmers, while Squad-style training is available for more able swimmers. If your child cannot swim or is a weak swimmer, we encourage you to take this opportunity for your child's own safety. Lessons begin on Friday 3 May and will continue through until Friday 28 June (nine weeks in total). Students will travel by bus and be accompanied by a teacher.

Please indicate your child's swimming ability on the permission slip. This will help instructors place the children into appropriate ability groups. There is no charge for this program. However, we must advise that, if anyone drops out once their names have been given to the swim centre, the school is still charged for them, so please make sure you have discussed this with your child thoroughly before returning the note. We **cannot** accept any additional applications once the list has been sent to the swim centre.

AFL Clinic

An AFL Development Coach will conduct a four week clinic for those who would like to learn the basics of AFL. This is a great opportunity for interested students to improve their skills. The clinic will be held at school on May 3, 10, 17 and 24. For the remaining six weeks of the term the children will participate in School Sport.

Inter-school Sport

This term the inter-school competition involves Soccer for boys and Netball for girls. Students who would like to do Swimming or AFL if they are not selected for an inter-school team, should complete this form regardless, so that they do not miss out.

School Sport

Students who do not take part in the Swimming, AFL or Inter-school Sport, will participate in School Sport.

Please complete and return the attached form to the Sport Notes Box by **Friday 22 March**.

Yours in the service of Christian education

Miss T Hammond
Primary Sport Coordinator

Mr W Morton
Deputy Principal, Junior School

Please complete and return to the Sport Notes box by Friday 22 March 2019

I give permission for my son/daughter _____ in class _____
to participate in the:

- AFL Clinic (3 May – 24 May). Children will then participate in School Sport for the remaining six weeks.
- Warringah Aquatic Centre Swim Program (3 May – 28 June)

Please tick the most appropriate level for your child:

- Never had lessons, unable to swim, fear of the water.
- Dog paddles with/without back float or armbands.
- Able to swim a short distance (5m) without aid, eyes in and bubbles.
- Able to swim a short distance (10m) without aid in deep water.
- Able to swim 25m freestyle and 25m backstroke (deep water).
- Able to swim 25m in four strokes (deep water).

Please note that the above is a guide only. All children will be assessed on the first day and placed in classes appropriate to their level.

Does your child currently swim in the Warringah Aquatic Centre Swim Program?

- Yes - at level _____
- No

Signed _____ Date _____
(Parent/Guardian)